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| **MAKATON SIGNS** | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| Good morning  Good afternoon  Please  Thank you  Sorry | Help  More  Yes  No  Toilet | Sit  Walk  Jump  Up  Down | Sad  Happy  Angry  Stressed  Excited | Poorly  Hungry  Thirsty  Tired  Cold | Wait  Stop  Danger  Go  Look |

**HEALTHY BODY AND MIND**

In 1SB our curriculum is centred around emotional wellbeing and sensory regulation. This term we will continue to work closely with home and the wellbeing team to ensure a unified approach and that all PBS’ are up to date.

Bespoke timetable with access to sensory regulation that meets each pupil’s individual sensory needs ie trampoline, swings, climbing equipment etc.

Dance and movement with Alison on Mondays and Parachute on Fridays.

Cooking with a focus on exposure to a greater range of food items to increase our tolerance of varying textures, smells and tastes. Every week we will explore a new wet ingredient, a new dry ingredient and something with a strong smell.



**Out and about in the community**

All of 1SB have access to our bespoke provision programme so trips out will be personalised by individual need.

**Play and leisure**

This term we are concentrating on expanding our interests and accessing a greater range of resources.

Tolerating and enjoying adult interaction, allowing the adult to direct some of the play.

1SB

**Communication**

Our weekly Makaton signs

Asking for help when we need it.

Using core words during bucket and our interactions.

Developing a functional communication method for each pupil.

Communication

**Creativity**

Building with a range of resources.

Expanding the range of resources we will access.

**Independence**

Putting all my belongings in the right place each morning.

Working on our individual personal hygiene goals.

**TERM THEME**

**Building things**

**1SB**

**Problem solving**

Engaging in and becoming familiar with our class routine so we can introduce opportunities to ‘sabotage’ and encourage problem solving.

Demonstrating anticipation within familiar routines and activities.