**Spring 1 Curriculum Overview**

**Outdoors**

This term we will be focusing on choosing to come and explore favoured resources and experiences and tolerating exposure to new experiences, sensations and resources. We will explore the different weather conditions whenever we can – looking at ice, frost and hopefully snow!

**Physical exploration**

This term we’re working on encouraging the children to manage some of their own sensory regulation needs through gross motor exploration ie requesting tickles, access to the swing/trampoline or time out of class.

**Engagement Pathway**

**Initiation Anticipation Persistence Realisation Exploration**

**Creative**

This term we will be exploring paint and glue and will be making some lovely winter pictures. We are even going to try painting with ice to link in with our winter topic!

**Sensory play**

In 1TM we focus on exposure to a greater range of food items to increase our tolerance to various textures, smells and tastes. Every week we will explore new wet and dry sensory items and we will also explore strong smells and different textures. In turn we hope the children will expand their tolerance of food and expand their diet.

1TM

Topic: Look to the Sky/Winter

**Communication and interaction**

This term we will be working on expanding our willingness to get involved in new experiences and in turn we will be encouraging vocabulary and speech/use of symbols. Many children respond well to repeated phrases and scripts so we will be promoting that this term.

**Quality Relaxation**

As always in 1TM, we always start our focus on well-being and quality relaxation. The children will continue to have access to everything they enjoy and need to remain regulated as a baseline for learning.

**Independence**

This term we are going to be encouraging the children to start putting their things away, hanging their bag on their peg on arrival to school and putting their plates away after mealtimes.